**Supplementary Table 2.** Composition of pharmacopuncture solutions composed of multiple herbs given in included studies

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| **Type** | **Composition** |
| Bangkihwangki-tang (Fangqihuangqi-tang) [11] | Stephaniae Radix, Astragali Radix, Atractylis Rhizoma, Glycyrrhizae Radix, Zingiberis Rhizoma, Zyzyphi Fructus |
| Bigiheo [9] | Panax Ginseng, Astragali Radix, Dioscorea Rhizoma, Atractylodis Rhizoma Alba, Poria, Citri Pericarpium, Zizyphi Fructus, Glycyrrhizae Radix et Rhizoma |
| BU [152, 199, 200, 218, 220, 222, 223, 226] | Calculus Bovis, Fel Ursi |
| BUM [4, 26, 100, 195, 220, 222, 223] | Calculus Bovis, Fel Ursi, Moschus (musk) |
| Chukyu (spine-healing) [93] | Cervi Parvum Cornu (deer antlers), Moschus, Angelicae Gigantis Radix, Cnidii Rhizoma, Ostericii Radix, Angelicae Pubescentis Radix, Astragali Radix, Scolopendra |
| Ephedra sinica Stapf-Aconitum carmichaeli Debx. [6] | Ephdrae Radix et Rhizoma, Aconiti Lateralis Radix Preparata |
| Hwangryunhaedok-tang [20, 38, 63, 66, 78, 83, 90, 91, 95, 101, 102, 104, 118, 183, 202, 216-218, 223] | Coptidis Rhizoma, Scutellariae Radix, Phellodendri Cortex, Gardeniae Fructus |
| Jakyakgamcho [70, 73] | Paeoniae Radix, roasted Glycyrrhizae Radix et Rhizoma |
| Jungsongouhyul [17, 22, 66, 72, 76, 81, 85, 89, 94, 99, 108, 111, 131, 135, 156, 159, 164, 168] | Gardeniae Fructus, Corydalis Tuber, Olibanum, Myrrha, Persicae Semen, Paeoniae Radix, Salviae Miltiorrhizae Radix, Sappan Lignum |
| Onsongouhyul pharmacopuncture [164, 168] | Corydalis Tuber, Olibanum, Myrrh, Angelicae Gigantis Radix |
| P- Yakchim [52] | Wild Ginseng, Fel Ursi, Calculus Bovis, Moschus, Hominis Placenta |
| Regulating Ascending Kidney Water and Descending Heart Fire pharmacopuncture [29] | Hwangryunhaedok-tang at GB21, BUM at CV17, and cold acupuncture at lower abdominal region along the cold meridians |
| Samgi-Halleak [197] | Panax Ginseng, Cervi Parvum Cornu (deer antlers), Angelicae Gigantis Radix, Liriopis Tuber, Schisandrae Fructus, etc |
| Sciatica No. 5 [195] | Dipsaci Radix, Cibotii Rhizoma, Drynariae Rhizoma, Erythrinae Cortex, Osterici seu Notopterygii Radix et Rhizoma, Araliae Continentalis Radix, Gentianae Macrophyllae Radix, Cinnamomi Ramulus, Achyranthis Radix, Eucommiae Cortex, Corydalis Tuber, Olibanum, Myrrh |
| Shinbaro [73, 77, 81, 84, 87, 95, 101, 107] | Cibotii Rhizoma, Saposhnikoviae Radix, Eucommiae Cortex, Acanthopanax Cortex, Osterici seu Notopterygii Radix et Rhizoma, Angelicae Gigantis Radix, Achyranthis Radix, Paeoniae Radix Alba, Scolopendra |
| Sobi-eum (Xiaofei-yin) [7]  | Platycodi Radix, Ephdrae Radix et Rhizoma, Mori Folium, Liriopis Tuber, Scutellariae Radix, Armeniacae Amarum Semen |
| Soyeom [26, 35, 36, 55, 59, 64, 94, 98, 116] | Taraxaci Herba, Lonicerae Flos, Rehmanniae Radix, Forsythiae Fructus, Scutellariae Radix, Coptidis Rhizoma, Phellodendri Cortex, Gardeniae Fructus |

BU: Calculus Bovis · Fel Ursi; BUM: Calculus Bovis · Fel Ursi · Moschus