**Supplementary Table 6.** Herbal solution preparation classification and methods

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| **Facility related solution preparation process** |
| **Classification** | **Methods** |
| Sterilization | Terminal sterilization vs. aseptic environment |
| Volume | Large volume vs. small volume |
| Injection region | Blood vessels vs. non-vascular acupuncture points |
| Dosage form\* | Low temperature, concentration, liquid, powder, freeze-drying, hard vs. soft capsule, tablet |
| **Non-facility related solution preparation process** |
| **Classification** | **Methods** |
| Solvent | Water vs. alcohol |

\* Many solutions are prepared through a combination of preparation methods.